Circle/highlight AT LEAST 15 traits that describe you:

Achiever

Adaptable

Adventurous

Aggressive

Ambitious

Analytical

Articulate

Artistic

Assertive

Cheerful

Cheerleader

Civic-minded

Common sense

Communicator

Compassionate

Confident

Congenial

Conscientious

Creative

Curious

Dependable

Detail oriented

Diligent

Eager to learn

Efficient

Emotional

Energetic

Entertaining

Enthusiastic

Expressive

Family-oriented

Flexible

Formal

Friendly

Frugal

Gets along with others

Goal-directed

God-fearing

Good attitude

Good with data

Good with people

Grateful

Hands-on

Happy

Hard working

High standards

Honest

Humble

Humorous

Imaginative

Impulsive

Independent

Individual contributor

Industrious

Informal

Initiator

integrity-driven

Intelligent

Intuitive

Investigative

Leader

Level-headed

Likeable

Likes schedules/processes

Likes the outdoors

Listener/observer

Logical

Love to travel

Loyal

Managerial

Methodical

Modest

Natural

On time

Open-minded

Optimistic

Organizer

Original

Patient

Perfectionist

Persistent

Personable

Persuasive

Physically strong

Politically-savvy

Practical

Predictable

Productive

Quick to learn

Quiet

Realistic

Reliable

Resilient

Responsible

Safety-conscious

Self-assured

Self-confident

Self-controlled

Self-motivated

Sense of humor

Sense of style

Sensitive

Shy
Silent

Smart

Sociable

Solve problems

Spontaneous

Stable

Strong

Tactful

Talkative

Task oriented

Teacher/explainer

Team player

Technology-oriented

Tenacious

Tolerant

Trusting

Trustworthy

Verbal

Versatile

Well-organized

Willing to learn

Other: \_\_\_\_\_\_\_\_\_\_\_\_

After you mark 15 or more and write in at least one ‘other’…

Ask 2+ colleagues to say the characteristics they think describe you – you write the list on the back of this sheet. Ask how they see you demonstrating that trait. Did they select the same ones you did? Or did they point out different characteristics At the end…. what 3 – 5 words describe your ‘brand’ – the things for which you want to be remembered? Write the 3 – 5 words below: